

# Child Abuse Prevention Council

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A partner of the  
Children's Network  
of Solano County

## SOLANO COUNTY CHILD ABUSE PREVENTION COUNCIL

**General Membership Hybrid Meeting**  
Wednesday, November 2, 2022  
12:00 -2:00 PM

<https://us02web.zoom.us/j/84535063643?pwd=L0Q4eDVHd0tueDYvdlo2T0N0M1RPZz09>

**Meeting ID:** 845 3506 3643 **Passcode:** 368229

**Telephone:** +1 669-900-9128

**In-person meeting location:** 5100 Business Center Drive, Fairfield, CA 94534

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|--|-------------|
| <b>I. Introductions &amp; Announcements</b>  | 12:00-12:20 |
| <b>II. CAPC Governance and Structure</b>   | 12:20-12:25 |
| • Continued recruitment  |             |
| ○ Criminal Justice System  |             |
| ○ Community Representative-Community Volunteer/Civic Organization                  |             |
| <b>III. Comprehensive Prevention Plan</b>  |             |
| ○ Continue to work on Theory of Change<br>Facilitated by CAPC and Strategies staff | 12:25-1:25  |
| <b>IV. Suggestions for Future Meetings</b>   | 1:25-1:30   |
| <b>December</b> -Comprehensive Prevention Planning                                 |             |
| <b>January</b> - No CAPC general meeting/Committees plan on meeting                |             |
| <b>February</b> -Legislative Update  |             |
| <b>V. Adjourn</b>  | 1:30        |

**Next Meeting Date: December 7, 2022**

**CHILD ABUSE PREVENTION COUNCIL**

**General Meeting Minutes**

Wednesday, October 5, 2022

12:00 – 2:00 p.m.

Meeting held via Zoom Virtual




**PRESENT:**




Neely McElroy, Dr. Shandi Fuller, Tammy DeWitt, Gene Ibe, Alex Winston, Candy Pierce, Nicola Parr, Cheryl Countee, Juan Cisneros, Guadalupe Lopez, Kerry Ahearn, Tracy Lacey, Troy Nichols, Sonya Wright, Akon Walker, Martha Suarez, Christina Sinohui, Cindy Bradford, Chasity Swartzel, Ashely De Alba, Amber T, and Danette Mercado

**STAFF:**

Zoila Perez-Sanchez, Ronda Kogler

**MINUTES:**

AGENDA ITEM	DISCUSSION
<b>Call to Order</b>	The meeting was called to order at 12:10 pm
<b>I. Introductions and Announcements</b>	<ul style="list-style-type: none"> <li>○ Candy Pierce announced that CASA will be having their Gala on October 29<sup>th</sup>. See attached invite for more information.  Invitation.pdf</li> <li>○ Troy Nichols, announced that CALTRIN will be having a webinar on Utilizing Logic Models on October 20, 2022, followed up by a Logic Model Development Support Workshop on November 3, 2022. Link to register for webinar and workshop is: <a href="https://www.caltrin.org">https://www.caltrin.org</a></li> <li>○ Akon Walker thanked everyone for helping to get the word out for the pilot program Counseling &amp; Cuts for youth ages 13-21 years old. The first cohort has 30 students registered and has a waitlist of over 100 plus students who are interested in the program.</li> <li>○ Tammy DeWitt announced that the probation department has been going through staffing changes which includes retirements and promotions. Current staffing has been reduced due to the small number of kids that are currently being served.</li> <li>○ Guadalupe Lopez announced that Northbay Regional Center will be having their quarterly community meeting in person and via zoom. English and Spanish flyers were shared with the group.  NB Community_Convers       NB-Spanish Conversacion_Comu</li> <li>○ Gene Ibe announced that First 5 Solano has started the recruitment process to fill in the Deputy Director vacant position and is accepting applications and will follow up with interviews soon.</li> <li>○ Christina Sinohui announced the Lori Frank Memorial Health Fair scheduled on Sat. Oct. 15<sup>th</sup> on the Annex Lawn, located at the corner of Texas and Jefferson in Fairfield. See attached flyer</li> </ul>

AGENDA ITEM	DISCUSSION
<b>II. CAPC Governance</b>	<p><b>Welcome</b> Candy Pierce welcomed everyone and thanked them for attending.</p> <p><b>CAPC governance and structure updates</b></p> <ul style="list-style-type: none"> <li>○ Membership update – Candy announced that Dr. Zoe had to resign from her role as Vice President and the CAPC. According to the bylaws the Executive Committee can nominate a member to fill the Vice President vacancy. The Executive Committee reached out to Nicola Parr, and she accepted the nomination. Candy opened the floor to accept Nicola Parr’s nomination as Vice President. Juan Cisneros moved to approve Nicole Parr as Vice President; Guadalupe Lopez seconds the motion. The members voted and the majority accepts the nomination as the new Vice President. There is still a vacancy in the criminal justice category, please reach out to Zoila with any recommendations to fill in vacancy.</li> </ul>
<b>III. Presentations</b>	<ul style="list-style-type: none"> <li>● <b>School Wellness Center Services.</b> Chas Swartzel, LCSW, Clinical Services Supervisor, Solano County Office of Education Presentation about school wellness center services provided in Solano County.</li> </ul> <div style="text-align: center;">  <p>Presentation Wellness Centers.pc</p> </div>
<b>IV. Theory of Change Conversation</b>	<div style="text-align: center;">   </div> <p>Theory of Change vs Logic Model DRA CAPC Theory of Change Conversatio</p> <ul style="list-style-type: none"> <li>○ Presentation was led by CAPC staff and technical assistance from Troy Nichols, TA Strategies.</li> </ul>
<b>V. Future meetings</b>	<p>Future Meetings:</p> <ul style="list-style-type: none"> <li>○ <b>November – CAPC Annual Report</b></li> <li>○ <b>December – Comprehensive Prevention Planning</b></li> </ul>
<b>VI. Adjournment</b>	<p>The meeting was adjourned at 2:00 PM</p>

# CARE CLINIC

Formerly Child Haven



*Contact us today*

*for cohort beginning January 17th, 2023*

## Referral & Acceptance Information

We are excited to have the opportunity to work with children ages 2.9 to 5.9 years of age in our intensive, **C**omprehensive **A**ssessment, **R**esearch, and **E**valuation (**CARE**) Clinic which runs 4x a year (January, April, July, and October). The program is designed to run 4 hours a day, 5 days a week for 10 weeks.

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The CARE Clinic is not an educational placement; it is an intensive assessment period.

Participation in the CARE Clinic is FREE and voluntary, as our transdisciplinary team works to assess and offer recommendations for effective interventions to use with children at home, community, and in a future public school setting.

Parent involvement is an integral part of the program. This includes a parent commitment of 1 hour weekly (for special playtime with the child) and another 1 hour a week for a parent meeting.

## Inclusion Criteria

- Children must be between 2.9 and 5.9 years of age by the conclusion of the CARE program so that gains can be translated to a public school placement, if available. Child must be in kindergarten or younger.
- Developmental delays in any or all areas (e.g. cognitive, social, communication, physical, sensory)
- Child can have co-occurring externalizing behaviors and/or social-emotional problems
- Child would benefit from ALL components of CARE
- A completed Mental Health Assessment by Child Haven, Inc. is necessary. Further assessments including (but not limited to) communication and social skills will be completed by the CARE team prior to final acceptance into program

## Exclusion Criteria

- Child has severe Intellectual Disability (ID), as determined by a psychologist
- Child is medically-fragile/medically-dependent (staff are only trained in CPR)
- Child is already connected with other services that are considered to be a duplication
- Parent is not able to participate in the required 2 hours/week of parent training and cannot provide drop-off/pick-up of child at stated hours
- Parent is unwilling to consider a county or district placement (public school), if available, so that gains in CARE can be maintained
- Child cannot be in 1st Grade

For more information, please contact:

**Debbie Wallace**  
**Community Services Supervisor**  
**707-425-5744**



## CORE MEANINGS OF THE STRENGTHENING FAMILIES PROTECTIVE FACTORS

Protective Factor	Core Meaning
<p><b>Parental Resilience:</b> Managing stress and functioning well when faced with challenges, adversity and trauma.</p>	<p><u>Resilience Related to General Life Stressors</u></p> <ol style="list-style-type: none"> <li>managing the stressors of daily life</li> <li>calling forth the inner strength to proactively meet personal challenges, manage adversities and heal the effects of one's own traumas</li> <li>having self-confidence</li> <li>believing that one can make and achieve goals</li> <li>having faith; feeling hopeful</li> <li>solving general life problems</li> <li>having a positive attitude about life in general</li> <li>managing anger, anxiety, sadness, feelings of loneliness and other negative feelings</li> <li>seeking help for self when needed</li> </ol> <p><u>Resilience Related to Parenting Stressors</u></p> <ol style="list-style-type: none"> <li>calling forth the inner strength to proactively meet challenges related to one's child</li> <li>not allowing stressors to keep one from providing nurturing attention to one's child</li> <li>solving parenting problems</li> <li>having a positive attitude about one's parenting role and responsibilities</li> <li>seeking help for one's child when needed</li> </ol>
<p><b>Social Connections:</b> Positive relationships that provide emotional, informational, instrumental and spiritual support.</p>	<ol style="list-style-type: none"> <li>Building trusting relationships; feeling respected and appreciated</li> <li>Having friends, family members, neighbors and others who: <ul style="list-style-type: none"> <li>provide emotional support (e.g., affirming parenting skills)</li> <li>provide instrumental support/concrete assistance (e.g., providing transportation)</li> <li>provide informational support/serve as a resource for parenting information</li> <li>provide spiritual support (e.g., providing hope and encouragement)</li> <li>provide an opportunity to engage with others in a positive manner</li> <li>help solve problems</li> <li>help buffer parents from stressors</li> <li>reduce feelings of isolation</li> <li>promote meaningful interactions in a context of mutual trust and respect</li> </ul> </li> <li>Having a sense of connectedness that enables parents to feel secure, confident and empowered to "give back" to others</li> </ol>



## CORE MEANINGS OF THE STRENGTHENING FAMILIES PROTECTIVE FACTORS

Protective Factor	Core Meaning
<p><b>Knowledge of Parenting and Child Development:</b> Understanding child development and parenting strategies that support physical, cognitive, language, social and emotional development.</p>	<p>Seeking, acquiring and using accurate and age/stage-related information about:</p> <ol style="list-style-type: none"> <li>parental behaviors that lead to early secure attachments</li> <li>the importance of                             <ul style="list-style-type: none"> <li>• being attuned and emotionally available to one's child</li> <li>• being nurturing, responsive and reliable</li> <li>• regular, predictable and consistent routines</li> <li>• interactive language experiences</li> <li>• providing a physically and emotionally safe environment for one's child</li> <li>• providing opportunities for one's child to explore and to learn by doing</li> </ul> </li> <li>appropriate developmental expectations</li> <li>positive discipline techniques</li> <li>recognizing and attending to the special needs of a child</li> </ol>
<p><b>Concrete Support in Times of Need:</b> Access to concrete support and services that address a family's needs and help minimize stress caused by challenges.</p>	<ol style="list-style-type: none"> <li>being resourceful</li> <li>being able to identify, find and receive the basic necessities everyone deserves in order to grow (e.g., healthy food, a safe environment), as well as specialized medical, mental health, social, educational or legal services</li> <li>understanding one's rights in accessing eligible services</li> <li>gaining knowledge of relevant services</li> <li>navigating through service systems</li> <li>seeking help when needed</li> <li>having financial security to cover basic needs and unexpected costs</li> </ol>
<p><b>Social and Emotional Competence of Children:</b> Family and child interactions that help children develop the ability to communicate clearly, recognize and regulate their emotions and establish and maintain relationships.</p>	<p><u>Regarding the parent:</u></p> <ol style="list-style-type: none"> <li>having a positive parental mood</li> <li>having positive perceptions of and responsiveness to one's child</li> <li>responding warmly and consistently to a child's needs</li> <li>being satisfied in one's parental role</li> <li>fostering a strong and secure parent-child relationship</li> <li>creating an environment in which children feel safe to express their emotions</li> <li>being emotionally responsive to children and modeling empathy</li> <li>talking with one's child to promote vocabulary development and language learning</li> <li>setting clear expectations and limits</li> <li>separating emotions from actions</li> <li>encouraging and reinforcing social skills such as greeting others and taking turns</li> <li>creating opportunities for children to solve problems</li> </ol> <p><u>Regarding the child:</u></p> <ol style="list-style-type: none"> <li>developing and engaging in self-regulating behaviors</li> <li>interacting positively with others</li> <li>using words and language skills</li> <li>communicating emotions effectively</li> </ol>

# THEORY OF CHANGE vs LOGIC MODEL

*What is the difference?*



“Theory of Change” and “Logic Model” are terms that often get confused. They produce similar-looking and even interacting work products, but they are tools to support **very different stages** and **levels of planning**. A Theory of Change sets the foundation for later steps in achieving population-level change, particularly in identifying priority strategies and selecting appropriate interventions. A Logic Model is used in the design, planning, implementation, and evaluation of specific programs.

## THEORY OF CHANGE:

- Is a roadmap that illustrates the pathway from an identified problem to a long-term outcome
- Presents a **hypothesis** for the needed changes that must occur in order to move from the problem to an improved state
- Helps explain how and why change will occur
- Is largely developed **before** selecting a specific program or strategy
- Helps collaborative groups to be strategic in planning, selecting interventions, and monitoring the desired long-term outcome

In order to test your presented hypothesis (Theory of Change) where the answer is unknown, one may consider iterative testing cycles such as *Plan-Do-Study-Act* (PDSA) to better understand short-term outcomes so that one can adapt approaches as needed.

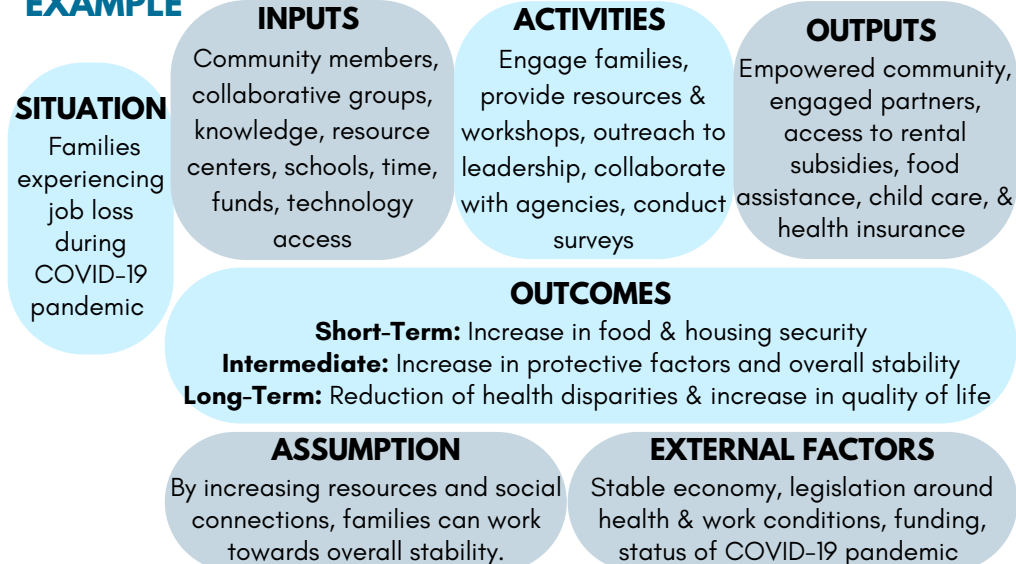
## EXAMPLE



## LOGIC MODEL:

- Is a roadmap of how a program’s resources and activities work toward creating an intended change and **has a specified end**
- Describes a bounded project or initiative: both what is planned (*the doing*) and what results are expected (*the getting*)
- Helps teams understand expected results
- Is generally developed **after** selecting a specific program or strategy
- Used in program design, planning, implementation, and evaluation

## EXAMPLE



Resources: [Center for States](#), [The Annie E. Casey Foundation](#), [Institute for Healthcare Improvement \(PDSA\)](#)

Resources: [FRIENDS National Center](#), [Center for States](#), [Population Change Institute](#), [W.K. Kellogg Foundation](#)

For additional resources, visit [strategiesca.org](http://strategiesca.org).

# Overarching Goal

(What is the change we want to create?)

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Solano County is an inclusive community that delivers equitable access to trauma free systems, services, opportunities and supports ensuring **all** community members are empowered with the knowledge to be safe and thrive.

CAPC Members